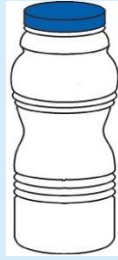


How To Access Donor Breastmilk

A work aid developed by the South African Breastmilk Reserve



Availability



24 HOURS / DAY

- Donor breastmilk (DBM) is available to order 24 hours / day, nationally
- The SABR makes use of a courier company for the transport of DBM and as a result, abides by their rates and delivery times:
- Some orders (e.g. outside of working hours) may attract a delivery surcharge
- Some orders may have a turnaround time of 2 -3 days due to courier delivery areas and times
- Deliveries are subject to courier deadlines, routes & delivery times:
 - Same day delivery for the Greater Johannesburg Area & surrounds,
 - 24 hour turnaround time for all other urban centres nationally
 - 48 hour turnaround time for more remote locations

Points To Consider: Accessing DBM

- DBM orders are subject to availability & paediatrician's prescription
- A paediatrician's motivation is required for extended use, special or high risk cases
- Your patient, as well as informing the parents of the ordering protocol, is your responsibility – please ensure that DBM is ordered in a timeous fashion
- Hospital drivers, medical staff & parents are welcome to visit our offices to collect DBM if necessary
- Ward stock is available on request (at no additional charge, DBM will be invoiced as it is used)
- For our latest pricelist:
 - Call our Head Office on 011 482 1920
 - Visit our website (www.sabr.org.za) & view our online toolkit
- The SABR does not condone informal milk sharing & does not wish to be associated with unsafe feeding practices

References:

4. South African Breastmilk Reserve. *SABR Ordering Protocol*. SABR, 2018.
5. South African Breastmilk Reserve. *SABR Work Aid: Promoting The Safe Use of Donor Breastmilk*. SABR, 2018.

The Value of Donor Breastmilk

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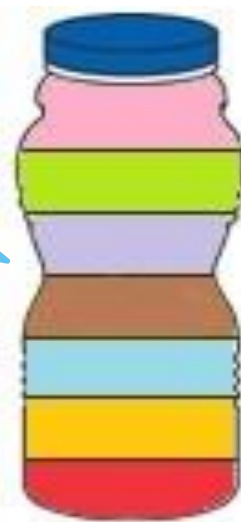
The Process:

- Once a donor applies, she is screened by a healthcare professional
 - She is issued with consumables (bottles & a cooler box)
 - Blood is taken for laboratory testing (serology)
 - Breastmilk is collected & transported to the head office for sorting
 - Breastmilk is sent for pre-pasteurisation microbiological testing
 - Breastmilk is pasteurised & sent for post-pasteurisation microbiological testing
 - Breastmilk that has passed all quality assurance checks is sent to facilities as necessary
- * The process is overseen and run by qualified medical / healthcare professionals & other trained staff
- * Throughout the process, cold chain is maintained & monitored
- * The process is dependent on utilities such as water & electricity

Remember:

- DBM is available NOW! Please refer to the SABR Work Aid "**How To Access DBM**"
- The SABR is not selling the breastmilk, the organisation is recovering the costs involved in providing the safest possible end product
- When purchasing a bottle of donor breastmilk, you are paying for:

- **Serology and Microbiology**
(Testing and screening of donors and milk)
- **Consumables**
(Bottles, caps, cooler boxes, dry ice)
- **Transport**
(Consumables to donors, breastmilk from donors to bank & from bank to facilities)
- **Processing**
(Pasteurisation / "heat treating")
- **Storage and Cold Chain**
(Freezers, dry ice, temperature monitoring)
- **Human Resources**
(Milk handlers, coordinators, medical professionals, admin staff)
- **Utilities**
(Water, electricity, telephones, rent)



Important Points To Consider: Value Of DBM

- The SABR is a non-profit organisation governed by the Human Tissues Act
- Under the Act donors may not be compensated – breastmilk, like blood, is donated as a charitable exercise
- While the organisation provides an altruistic services and profit making is forbidden, cost recovery is allowed for
- When purchasing donor breastmilk, you do not pay for the milk itself, but for the process to ensure the safest possible end product
- The SABR, as with other reputable national & international human milk banks, operates in accordance with evidence based scientific principles, therefore:
 - DBM is not fractionated / separated into "donor colostrum" or "gestational age matched DBM",
 - Acceptance of DBM from a mother is not determined by the duration of lactation.

References:

1. South African Breastmilk Reserve. *SABR Ordering Protocol*. SABR, 2018.
2. South African Breastmilk Reserve. *SABR Work Aid: How To Access Donor Breastmilk*. SABR, 2018.
3. South African Breastmilk Reserve. *SABR Work Aid: Promoting The Safe Use of Donor Breastmilk*. SABR, 2018.